First Name:Last Name:DOB:

PATIENT INTAKE

Welcome to our online intake form. The information you provide will be sent directly to our office, streamlining your office visit and enabling us to better address your healthcare needs.

ABOUT YOU

2. Home Address: Please provide the address associated with your insurance.

| Address 1 | | Address 2 | |
|-----------------------------------|------------------------------------|--------------------|-----------------|
| City | State | | Zip Code |
| . Contact Information | | | |
| Mobile Phone | Home Phone | | |
| Primary Email Address | | | |
| . Demographic Information | | - | |
| Sex at birth: o Male lo Female | Marital Status: ဝ Single ဝ Marr | ied c Divorced c V | Widowed c Other |
| . Personal Information | | | |
| Height - Feet: | | Height - Inches: | |
| Weight (in pounds): | | | |
| . Do you have insurance? | | _ | |
| c Yes | C No | | |
| | | | |
| . Insurance Payer | | | |

8. Insurance Policy Information:

| | Relationship to Patient: ဂ Self ဂ Spouse ဂ Parent ဂ Employer ဂ C | aregiver o Other | |
|----|---|------------------------------------|--------------------------|
| | Insured's First & Last Name: | Insured's Date of Birth: | |
| 9 | . Insurance Card Upload | | |
| 10 | Emergency Contact Information | | |
| | Emergency Contact Name: | Contact Phone Number: | Relationship to Patient: |
| 11 | . Referral Information | | |
| | Referring Physician: | Referring Patient: | |
| | How did you hear about us? ဂ Word of mouth င Advertisement င Socia | l media c Direct mail or email cam | paign င Event င Internet |
| | Other: | | |

AREAS OF CONCERN

12. What is your primary area of concern? We will ask about additional complaints after we gather information about this first area of concern.

13. Rate the severity of your pain in the last 3 days.

Rate the severity of your discomfort at its worst, on a scale of 0 – 10 where 0 is no pain and 10 is severe pain

How often do you feel this discomfort?

14. Please list the specific activities or movements that cause or affect this discomfort (for example, bending over, getting in/out of car, using a computer, etc.)

15. What aggravates this condition? Choose all that apply.

| | Yes | No |
|--|-----|----|
| Almost any movement | | |
| Athletic activity and/or exercise | | |
| Bending | | |
| Carrying or lifting | | |
| Changing positions | | |
| Coughing and/or sneezing | | |
| Daily child or pet care | | |
| Getting out of bed, chair or car | | |
| Household chores (cleaning, cooking, etc.) | | |
| Looking over shoulder | | |
| Lying down, getting and staying asleep | | |
| Pulling, pushing or reaching | | |
| Raising arm(s) above shoulder(s) | | |
| Self care (dressing, bathing, etc.) | | |
| Sitting in car or chair | | |
| Squatting or bending | | |
| Standing | | |
| Stress | | |
| Walking or running | | |
| Working at a desk/computer | | |
| Yardwork | | |
| Unknown | | |
| Other | | |

If other, specify:

What in _. ~ 16.

| | | Y | es N |
|--|---|-----------------------|------|
| Nothing | | | |
| Chiropractic adju | stment | | |
| Prescription med | ications | | |
| Cold packs | | | |
| Redirecting atten | tion | | |
| Exercise | | | |
| Rest | | | |
| Heat packs | | | |
| Stretching | | | |
| Massage | | | |
| Work | | | |
| Over-the-counter | medications | | |
| Physical therapy | | | |
| Other | | | |
| | n care provider(s) performed tests relate | ed to this condition? | |
| Yes | C No | | |
| | | | |
| f Yes, specify: | | | |
| | d any previous episodes of this condition | on? | |
| | d any previous episodes of this conditio | on? | |
| lave you ever ha | | on? | |
| lave you ever ha Yes f Yes, specify: | | on? | |

If Yes, specify:

AREAS OF CONCERN

20. What term(s) describes your discomfort? Choose all that apply.

| | Yes | No |
|--------------------|-----|----|
| Aching | | |
| Burning | | |
| Deep | | |
| Dull | | |
| Intolerable | | |
| Sharp | | |
| Shooting | | |
| Stabbing/Throbbing | | |
| Stiffness | | |
| Tightness | | |
| Tingling | | |
| Other | | |

If other, specify:

21. What treatment, if any, have you received since the injury? Choose all that apply.

| | Yes | No |
|-------------------------------|-----|----|
| Chiropractic care | | |
| Massage | | |
| Medical injection treatment | | |
| Surgical treatment | | |
| Over-the-counter medications | | |
| Prescribed medications | | |
| Natural or holistic treatment | | |
| Acupuncture | | |
| Physical therapy | | |
| None | | |
| Other | | |

If other, specify:

22. Have you ever had any previous episodes of this condition?

| o Yes | C No |
|-------|------|
| | |

If Yes, specify:

23. Do you have an additional condition?

o Yes o No

24. Approximate date this condition began (exact date not required)

What caused this condition?

What is your additional area of concern?

25. What term(s) describes your discomfort? Choose all that apply.

| | Yes | No |
|--------------------|-----|----|
| Aching | | |
| Burning | | |
| Deep | | |
| Dull | | |
| Intolerable | | |
| Sharp | | |
| Shooting | | |
| Stabbing/Throbbing | | |
| Stiffness | | |
| Tightness | | |
| Tingling | | |
| Other | | |

If other, specify:

26. Rate the severity of your discomfort at its worst, on a scale of 0 – 10 where 0 is no pain and 10 is severe pain

How often do you feel this discomfort?

Please list the specific activities or movements that cause or affect this discomfort (for example, bending over, getting in/out of car, using a computer, etc.)

27. What treatment, if any, have you received since the injury? Choose all that apply.

| | Yes | No |
|-------------------------------|-----|----|
| None | | |
| Chiropractic care | | |
| Massage | | |
| Medical injection treatment | | |
| Surgical treatment | | |
| Over-the-counter medications | | |
| Prescribed medications | | |
| Natural or holistic treatment | | |
| Acupuncture | | |
| Physical therapy | | |
| Other | | |

If other, specify:

28. What aggravates this condition? Choose all that apply.

| | Yes | No |
|--|-----|----|
| Almost any movement | | |
| Athletic activity and/or exercise | | |
| Bending | | |
| Carrying or lifting | | |
| Changing positions | | |
| Coughing and/or sneezing | | |
| Daily child or pet care | | |
| Getting out of bed, chair or car | | |
| Household chores (cleaning, cooking, etc.) | | |
| Looking over shoulder | | |
| Lying down, getting and staying asleep | | |
| Pulling, pushing or reaching | | |
| Raising arm(s) above shoulder(s) | | |
| Self care (dressing, bathing, etc.) | | |
| Sitting in car or chair | | |
| Squatting or bending | | |
| Standing | | |
| Stress | | |
| Walking or running | | |
| Working at a desk/computer | | |
| Yardwork | | |
| Unknown | | |
| Other | | |

If other,specify:

29. What improves this condition or gives you relief? Choose all that apply.

| | Yes | No |
|------------------------------|-----|----|
| Nothing | | |
| Chiropractic adjustment | | |
| Prescription medications | | |
| Cold packs | | |
| Redirecting attention | | |
| Exercise | | |
| Rest | | |
| Heat packs | | |
| Stretching | | |
| Massage | | |
| Work | | |
| Over-the-counter medications | | |
| Physical therapy | | |
| Other | | |

If other, specify:

30. Have other health care provider(s) performed tests related to this condition?

o Yes o No

31. Have you ever had any previous episodes of this condition?

o Yes o No

CURRENT HEALTH

32. Are you currently taking any medications?

o Yes o No

33. Please list regularly used prescription and over-the-counter medications taken, as well as the Dosage and Frequency for each medication (e.g. 5 mg once daily)

| | Medication Name | Dosage/Frequency |
|---|-----------------|------------------|
| 1 | | |
| 2 | | |
| 3 | | |

34. Other than the condition(s) already shared, do you have any additional health concerns?

| | Yes | No |
|---|-----|----|
| Muscles, Bones or Joints | | |
| Nerves, Headaches, Dizziness, or Emotional | | |
| Head, Eyes, Ears, Nose or Throat | | |
| Heart, Blood Pressure, or Circulation | | |
| Shortness of Breath, Coughing, Asthma or Lung Condition | | |
| Stomach, Bowels or Digestive Conditions | | |
| Genital, Bladder, or Urinary Conditions | | |
| Diabetes, Thyroid or Glandular Condition | | |
| Skin or Bleeding Conditions | | |
| Do you have any medication allergies? | | |

35. If you have answered yes to any of the above, please share this info with your doctor.

36. Medication Allergies

| | Medication Name | Reaction | Onset Date | Additional Comments |
|---|-----------------|----------|------------|---------------------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |

PERSONAL AND FAMILY HISTORY

37. Please note any significant previous medical history.

| | Yes | No |
|--|-----|----|
| Have you had any surgical procedures? | | |
| Are there any past illnesses or conditions we should be aware of? | | |
| Do you have a past history of accidents or trauma? | | |
| Do you have a past family illness history, such as diabetes, cancer, hypertension, and progressive neurological diseases that we should be aware of? | | |

38. If you have answered yes to any of the above, please share this info with your doctor.